

Hope, Help & Healing

Building a Safety Net– Getting Connected for Suicide Prevention

'A'ohe hana nui ke alu'ia: No task is too big when done together by all

**November 15-16, 2007 (Thursday & Friday)
Hilton Waikiki Prince Kuhio Hotel**



119 H 029
*Injury Prevention & Control Program
Hawaii State Department of Health
1250 Punchbowl Street, #214
Honolulu, Hawai'i 96813*

SPONSORS

- ♦ *Hawaii State Department of Health*
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- ♦ *Hawaii Suicide Prevention Steering Committee & Task Force*

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Building a Safety Net– Getting Connected for Suicide Prevention

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Conference Goal: To bring together agencies, organizations, communities and individuals from around the state to increase their knowledge of suicide prevention best practices and ultimately to reduce the incidence of suicides and suicide attempts in Hawai‘i. Connections made by participants at the conference will help to promote interagency collaboration and leverage community resources for suicide prevention.

- Objectives:** At the end of the conference, participants will:
- Increase their knowledge and develop skills to identify and refer individuals to help
 - Learn about the continuum of suicide from prevention, early intervention, to postvention – best practices, programs that work, and promising approaches
 - Increase their knowledge of research, surveillance, and data sources to embrace suicide prevention as a public health priority in order to save lives
 - Empathize with the impact of suicide on survivors to understand, identify, and implement programs and practices that support individuals and families in their communities
 - Bring hope to those who have none...

Audience: Counselors, crisis center staff and volunteers, faith-based leaders, first responders (fire, police, EMT, etc.), Native Hawaiian leaders, mental health staff, nurses, physicians, program administrators, psychiatrists, psychologists, public health workers, researchers, social workers, teachers, those who have lost a loved one to suicide, parents, and anyone who is interested.

DAY 1 - November 15, 2007 (Thursday)				
7:30 – 8:30 a.m.	Registration/Exhibits/Continental Breakfast			
9:00 a.m.	OPENING OLI / PULE			
9:15 – 9:30 a.m.	WELCOME Governor Linda Lingle (invited) ♦ Chiyome L. Fukino, MD, Director of Health			
1 ST PLENARY SESSION 9:30 – 10:30 a.m.	“Suicide Prevention: A National and State Imperative” Jerry Reed, MSW			
10:30 –10:45 a.m.	BREAK			
2 ND PLENARY SESSION 10:45 – 11:45 a.m.	“Survivors Helping to Set the National Agenda” Iris Bolton, MA			
LUNCH 12:00 – 1:00 p.m.	“Reducing Stigma, Getting Help” Bill Sheehan, MD			
Concurrent Sessions I 1:10 – 2:00 p.m.	RAISING AWARENESS	CALL TO ACTION	RESILIENCE	PROMISING PROGRAMS
	(A) “Addressing Suicide Prevention in Hawai‘i” Dan Galanis, PhD; Art Tani, MPH	(B) “Crisis Response – Managing Traumatic Loss in the Community” Mike Christopher, PhD, PsyD; Jeri Couthen, MSW, MPH, CEAP; Belinda Danielson, LMHC, MSCP, CSAC, NCC	(C) “Teens Talking About Suicide– Study with Teen Panel” Pua Kaninau, MSW; Melissa Lapastora, MSW; Melanie Torene, MSW, & teens from the community	(D) “Gatekeeping in the Community with Suicide First Aid” Chris Piper, APRN

DAY 1 - November 15, 2007 (Thursday)

	RAISING AWARENESS	CALL TO ACTION	RESILIENCE	PROMISING PROGRAMS
Concurrent Sessions II 2:10 – 3:00 p.m.	(E) “Suicide in the Elderly” Jerry Reed, MSW	(F) “How Hawaii’s Media Covers Suicide” Mark Platte, Hon. Advertiser & other media	(G) “Back from the Brink: Attempting Suicide” Marya Grambs, MS; Charleen Pule; Maile Daguio	(H) “Lua, A Way of Life” Richard Paglinawan, MSW, LSW
Concurrent Sessions III 3:10 – 4:00 p.m.	(I) “Native Hawaiian Mental Health” Iwalani Else, DrSW; Linda Nahulu, MD	(J) “Turning Grief into Advocacy” Iris Bolton, MA	(K) “Building Youth Resilience through a Strategic Prevention Framework” Charles Curie, MA, ACSW	(L) “Taking Charge of Youth Suicide” Michael Rimm, MD
3 RD PLENARY SESSION 4:10 – 5:00 p.m.	Town Hall Meeting (networking session)			
5:00 – 6:00 p.m.	Hosted Reception (no host bar)			

DAY 2 - November 16, 2007 (Friday)

6:15 – 7:15 a.m.	Celebration of Life – Acknowledgement of loved ones lost to suicide: Ceremony at Waikiki Beach (by Duke Kahanamoku statue)			
7:30 – 8:30 a.m.	Registration/Exhibits/Continental Breakfast			
9:00 – 9:30 a.m.	Welcome and Opening Ho’okupu Candlelight Remembrance Ceremony			
1 ST PLENARY SESSION 9:30 – 10:45 a.m.	Survivor Panel Moderated by Jane Maxwell, RN; Diane Heyerdahl; Kathleen Rhoads Merriam			
10:45–11:00 a.m.	BREAK			
2 ND PLENARY SESSION 11:00 a.m.–12:00 p.m.	“Mental Health Services Transformation Equals Preventing Suicide” Charles Curie, MA, ACSW			
LUNCH 12:00 – 1:00 p.m.	“Suicide’s Aftermath: Remembrance & Faces of Suicide” Pua Kaninau, MSW			
	RAISING AWARENESS	CALL TO ACTION	RESILIENCE	PROMISING PROGRAMS
Concurrent Sessions IV 1:10 – 2:00 p.m.	(M) “Suicidal Ideation and Substance Use” Deborah Goebert, DrPH	(N) “Getting Connected for Legislative Action” Dennis Arakaki; Jerry Reed, MSW; Eric Tash, MPH	(O) “Grief’s Journey Through the Circle of Healing” Jane Maxwell, RN; Iris Bolton, MA; Gina Kaulukukui	(P) “Cultural Competence as a Protective Factor” Kimo Alameda, PhD
Concurrent Sessions V 2:10 – 3:00 p.m.	(Q) “Depression & Suicide Among Students – Assertive Approaches to Prevention” Paula Morelli, PhD; Thomas Morelli, MD	(R) “Building a Safety Net – Getting Connected for Suicide Prevention” Wendy Cyprien, MPA; Dan Yahata, MEd	(S) “Exploring Forgiveness – Applications for Suicide” Merton Chinen, MSW	(T) “Results of a Needs Assessment of Suicide Prevention Services for Adults with Mental Illness” Annette Crisanti, PhD
3 RD PLENARY SESSION 3:10 – 4:30 p.m.	Connecting Communities and Making It Happen			
4:30 p.m.	Closing Remarks / Oli Dan Yahata, Pua Kaninau			

National Speakers for Hawaii's Suicide Prevention Conference

Iris Bolton, M.A.



In 1977, her son, Mitchell Bolton, completed suicide. This tragic loss would forever alter her path. Her desire to make meaning from her son's death would crystallize her future, as Iris returned to school at Emory University and received her master's degree in Suicidology. Iris recognized the overwhelming need for assistance and support after a death by suicide. Requests for help from local ministers, therapists, and teachers were answered by the creation of SOS (Survivors of Suicide) support groups. These groups have become the model for similar programs throughout the nation. The founding of a local chapter of Compassionate Friends and a program

to provide immediate support through home visits to bereaved families broadened the network of services to grieving families. In 1983, Iris Bolton published her book, *"My Son, My Son"*, which helped to establish her as a pioneer in the field of suicide prevention and aftercare. In April 2007, Iris retired as the executive director of The Link Counseling Center, a non-profit family counseling center she helped develop with offices in the Atlanta counties of North Fulton and Cobb. She is now director emeritus. She continues to be involved in many national and local suicide prevention agencies. She is married to Jack Bolton and is the mother of four sons.

**Charles Curie, M.A.,
A.C.S.W.**



Charles G. Curie is the principal and founder of THE CURIE GROUP, LLC, a management and consulting firm specializing in working with leaders of the healthcare field, particularly the mental health (MH) and substance use (SU) areas. Curie's professional experience spans 30 years in mental health and substance use. From 2001 to 2006 he headed the national Substance Abuse and Mental Health Services Administration (SAMHSA). As SAMHSA administrator, Curie led the \$3.4 billion agency responsible for improving the accountability, capacity and effectiveness of the nation's substance abuse prevention, addictions treatment and mental health services. This included The President's New Freedom Commission on Mental Health, the Strategic Prevention Framework for substance use prevention, Access to Recovery, National Outcome Measures for mental health and substance use services, and work with post-conflict and war-torn countries MH and SU service

systems, including Iraq and Afghanistan. From 1995 to 2001, as deputy secretary for Mental Health and Substance Abuse Services in Pennsylvania, he implemented a mental health and drug and alcohol Medicaid managed care program and a policy to reduce and ultimately eliminate the use of seclusion and restraint practices in the state hospital system. This policy won the 2000 Innovations in American Government Award sponsored by Harvard University's John F. Kennedy School of Government, the Ford Foundation, and the Council on Excellence in Government. Curie holds a master's degree from the University of Chicago and is certified by the Academy of Certified Social Workers. He serves on the Board of Directors of the Council on Social Work Education (CSWE) and the Suicide Prevention Action Network (SPAN).

Jerry Reed, M.S.W.



Jerry Reed, MSW, is the Executive Director of the Suicide Prevention Action Network USA, Inc. Prior to assuming this position on July 1, 2003, Jerry served as an independent consultant working on health care, mental health, geriatric and suicide prevention issues. He most recently worked with the Center for Mental Health Services on a variety of initiatives in support of the National Suicide Prevention Strategy. He also served as project liaison with the three-year Hotline Linkage and Evaluation Project (HELP) and the Suicide Prevention Resource Center (SPRC). In 1982, he received an MSW degree with an emphasis in Aging Administration from the University of Maryland at Baltimore. He spent 15 years as a career civil servant working in both Europe and the United States as a civilian with the Department of the Army. During this time, he developed, implemented, and managed a variety of

quality of life programs including substance abuse prevention and treatment, family advocacy, child and youth development programs, social services and the range of morale, welfare and recreation programs. Selected as a Congressional Fellow in 1996, he worked in the Office of Senator Harry Reid (NV) serving as senior advisor on health care, mental health, suicide prevention and aging issues. Upon completion of the fellowship he accepted a full time position with the U.S. Senate and completed his assignment in 1999 as deputy chief of staff for Senator Reid. Jerry is currently completing a doctoral degree in Health Related Sciences with an emphasis in Gerontology at the Virginia Commonwealth University.